

Youth Food Program Assistant

Full-Time (35 hours per week), 12-14 Week Term Position

Start Date: June 1st, 2026

Location: Halifax, NS

Reports to: Program Manager

Terms of Employment: \$23/hr at 35 hours per week for a 12-14 Week Contract.

General job hours are between 9:00am - 4:00pm, with some evening and weekend work required.

Deadline for Application: May 8th, 2026

Nourish Nova Scotia is seeking a passionate, motivated, and skilled Program Assistant to support activities related to the planning, development, and delivery of our summer programming. This role is ideal for a student who is passionate about food justice, youth engagement, and community-building. You'll work closely with the Nourish Nova Scotia program team, community partners, and youth participants to bring workshops to life, care for garden spaces, and support our evaluation and storytelling efforts.

Responsibilities:

The Program Assistant will provide ongoing support and assistance related to Nourish Nova Scotia programming and ongoing program development.

Specifically, this includes:

- Assist in planning, organizing, and delivering engaging food literacy workshops (food preparation and cooking skills, nutrition education, food systems, etc.).
- Support youth-led initiatives and ensure youth voices are centered in all aspects of program delivery.
- Help maintain and facilitate garden programs, including planting, harvesting, and educational activities.
- Contribute to outreach, engagement, and communication with youth participants and community members.
- Assist with the design and development of Nourish Nova Scotia workshops materials and resources, with a focus on creating fun and engaging activities for children and youth.
- Support the continued development of our Learning Hub for new and existing resources.
- Support communication activities related to Nourish Nova Scotia programs, including but not limited to, social media content creation, writing newsletter content or blog posts, and storytelling across platforms.
- Participate in team meetings and provide general program support, including administrative and logistical tasks as required.



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Essential Skills, Experiences, and Competencies

- Recent completion of or currently enrolled in post-secondary education, preferably in a related field (nutrition, health promotion, community development, etc.).
- Experience working or volunteering with youth in a community or educational setting.
- Demonstrated interest in health equity, food justice, food literacy, food security, community food systems, and/or youth engagement.
- Strong critical thinking, communication, collaboration, and organizational skills.
- Creativity and a willingness to learn and contribute to a dynamic, supportive team.
- Ability to work some evenings or weekends (as needed for workshops or events).
- Experience using a range of social media platforms to communicate information and share compelling stories.
- Confident with a range of technology applications including Microsoft Office, virtual meeting platforms, Canva, and Google Suite.
- Has a valid driver's license and access to a vehicle.

This position is partially funded through the Government of Canada Summer Jobs program. To apply for this job, you must:

- Be aged between 15 and 30 years old on the start date of the job;
- Have a valid Social Insurance Number (SIN); and
- Be a Canadian citizen, a permanent resident of Canada, or a person who has been granted refugee status in Canada.

International students and other temporary residents of Canada are not eligible.

How to Apply:

To apply, please send a cover letter and resume in one document to human.resources@nourishns.ca referencing the position title in the subject line.

The application deadline is on or before May 8th, 2026. Only shortlisted candidates will be contacted for interviews. Interviews will be conducted on May 19th and 20th, 2026.

