

Share your voice for Eat Think Vote!

If you're unable to make an Eat Think Vote event or community conversation, we'd still love to hear from you!

Nourish Nova Scotia will be working to ensure youth voices are at the forefront of our recommendations during the upcoming federal election. **We invite youth* to share their voice in a written submission** to help inform our policy priorities.

*Even if you are not voting age, you can still contribute and have your voice heard.

How to Participate

- Use the Writing Prompts below as a guide
- Email your written submission as a PDF or Word document to stacie.smith@nourishns.ca

Writing Prompts

- How has food insecurity impacted your community, and what federal policies do you think could help?
- How can Canada's food systems better support culturally appropriate food, Indigenous food sovereignty and traditional food practices?
- What investments should the government make to ensure that all Canadians, including those in rural and remote communities, have reliable access to fresh, healthy food?
- How should the government balance support for local farmers and affordability for consumers?
- How do climate change and environmental policies impact food justice in Canada?
- What should be the federal government's role in preventing food waste and promoting sustainable agriculture, what does it look like and how could it be achieved?

Visit www.nourishns.ca/eat-think-vote for more information on how to get involved

