

# 2021 Emergency Food Security Fund

## "What we Heard" Report

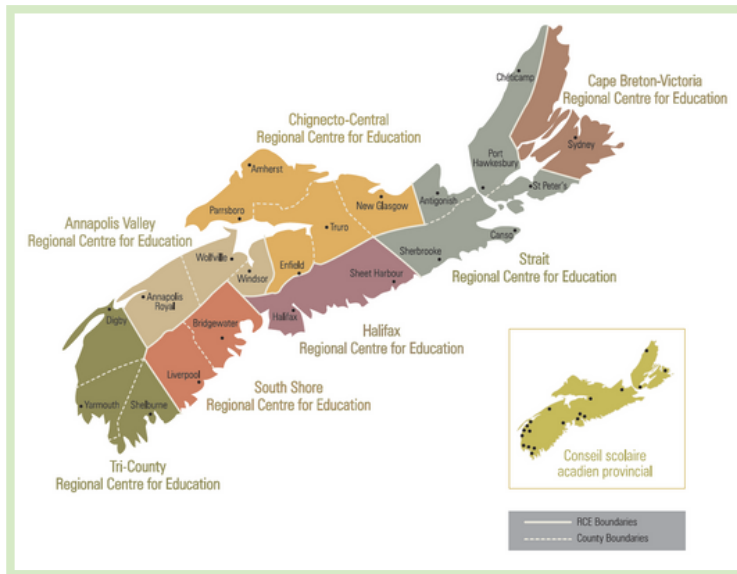




# Education Partners

Nourish flowed funds to all education partners

## Regional Centres for Education (RCEs) & French School Board (CSAP)



## Mi'kmaw Kina'matnewey (MK) Indigenous School Board Communities



## 10,000 children and youth

supported through 21 new or expanded initiatives, including in-school breakfast, lunch, and snack programs, food box and gift card programs for families and more.



## What We Heard:

*"Because we were able to purchase more food and...deliver breakfasts directly to the classroom, more children felt comfortable accessing the program which meant more children were starting their school day with a full stomach!"*

*"[The funds] allowed us to emphasize the partnership and shared responsibility we have with families and community stakeholders to support the healthy growth and development of students in our region."*

*"[The funds] provided a tremendous boost to the quality and amount of food we were able to provide."*





# Community Partners

Nourish flowed funds to 17 community organizations across Nova Scotia

Examples of community organizations include Family Resource Centres, the YMCA, and Farmers' Markets



**6,000 children and youth**

supported through 22 new or expanded initiatives, including cooking programs, family food and snack boxes, hot lunch programs and more.



## What We Heard:

*"The risk of rural homelessness and food insecurity is increasing dramatically since the outbreak of COVID-19....[this] funding has permitted us to provide customized food boxes that we created together with the people we serve, based on the needs families self-identify."*

*"Food insecurity is a growing issue among marginalized communities. Covid has increased the demand for assistance from organizations that battle food insecurity. This grant allowed...free access to fresh produce to newcomers who are in need."*

*"This fund enabled FMNS to expand the amount of funding support we provided to low-income households experiencing food insecurity...funds [for local produce], along with the recipe cards and over 170 slow cookers, increased food access and food literacy for families participating in our program."*

*"There is significant food insecurity in the community we serve and high number of large single family households. This funding allowed us to offer weekly food markets in the heart of our community that were culturally relevant and gave families choice in putting their food baskets together weekly."*

# Additional Feedback and Final Thoughts



## This funding was essential in several ways with regard to food security in Nova Scotia:

- Supported organizations doing food work that was tailored to the needs of the communities they served.
- Met children, youth and their families where they were when schools and other food access points were shuttered.
- Strengthened community food partnerships and connections across Nova Scotia.
- Supported marginalized communities, including newcomer, rural, Indigenous, and low-income children and youth.
- Provided opportunities for families to spend quality time together and develop food literacy skills.
- Alleviated significant financial and other stress for families.
- Assisted Nourish in providing in-kind support to recipients such as recipes and nutrition quality assessments.
- Offered the opportunity to support local food producers.



**Questions? Email:**  
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