

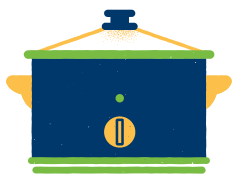
From Farm to Slow Cooker 2021



Over \$13,000 in Grant Funds dedicated to providing support to Nova Scotia families



10 Farmers' Markets across Nova Scotia, from Cape Breton to Yarmouth, participated in the program



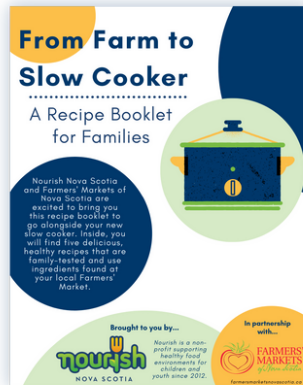
178 Slow Cookers distributed to low-income families alongside recipe booklets and market bucks (through the [Nourishing Communities Food Coupon Program](#))

"We loved being able to give families not only the food, but the tools to cook meals for their family with."

PARTNER ORGANIZATION

"I really liked the package of slow cooker and recipe book. Simple to cook, nutritious recipes using market vegetables."

PARTICIPANT



Recipe booklets featured five delicious recipes:

[Tomato Sauce](#)

[Minestrone Soup](#)

[Pork Pot Roast](#)

[Applesauce](#)

[Lentil & Root Vegetable Stew](#)